

“Pre-Tox Protocols” – Preparing Sensitive Patients for Hg Detox

These protocols are directed at patients who are “sensitive” (react strongly to supplements or medications), show poor detox pathways in their Hg Tri-test, or who react negatively (severe fatigue, strong flu-like symptoms, or major exacerbation of symptomology) to initial detox with IMD or other detox agents. The purpose of the “Pretox” period (pre-detox) is to get the body’s elimination pathways running smoothly and get the extracellular matrix more fluid so as to pass the toxins out of the body without a strong “healing crisis”. The approach is based on first using either Spagyric Homeopathic or standard homeopathic drainage remedies and a homeopathic preparation of Quicksilver Scientific’s IMD to gently open the detoxification pathways (including extracellular matrix drainage) in the body, and then bringing in herbal preparations to start building cellular detoxification enzyme systems. Quinton Marine Plasma is a strong addition to repair the extracellular matrix (termed “the terrain” in older literature). This is a prelude to the main detoxification with IMD.

Supplements for use with PreTox protocols:

- 1) **Soluna Renalin Spagyric Homeopathic** – this is a European product that gently yet deeply increases kidney function (*other kidney drainage homeopathics can be substituted*)
- 2) **Soluna Lymphatik Spagyric Homeopathic** – this is a European product that helps move lymph and cleanses blood and lymph (*other lymphatic drainage homeopathics can be substituted*)
- 3) **Soluna Hepatik Spagyric Homeopathic** – this is a European product that gently yet deeply increases hepatic function (*other liver drainage homeopathics can be substituted*)
- 4) **Ayush Herbs Rentone** - an Ayurvedic formula from a well respected producer of organic Ayurvedic Herbs; powerfully changes kidney function and rapidly changes stubborn urine: blood ratios
- 5) **Quicksilver Scientific IMD 30X** – a 30X potentized homeopathic dilution of IMD; used orally, but also may be sprayed directly on skin over kidney
- 6) **Quicksilver Scientific Therasomal Vitamin C/R-Lipoic acid** - this nanosphere lipid delivery system product works against oxidative stress and the R-Lipoic Acid chelates inorganic mercury and removes it through the liver and gall bladder instead of the kidney, taking some of the mercury load off of the kidney
- 7) **Quicksilver Scientific Therasomal Glutathione** - this nanosphere lipid delivery system product allows bioavailability of the body’s central antioxidant, glutathione. Indicated during the pretox period for patients with high oxidative stress or inflammation
- 8) **Quicksilver Scientific Clear Way Cofactors** – a broad-spectrum phytonutrient antioxidant formula with strong anti-inflammatory properties. This formula gets the body’s detoxification enzymes working more strongly, helps both liver and kidney processes, and protects the vascular system and nervous system
- 9) **Original Quinton Isotonic Marine Plasma** – this French seawater product has been used since before the turn of the century to clear and heal the extracellular matrix, lower inflammation, increase parasympathetic tone in the autonomic nervous system, and increase output of the kidney

QS General Pre-Tox Protocol:

This protocol is for lighter stimulation of kidney function either before or during main detox with IMD. **Products: Soluna Renalin, Soluna Lymphatik, QS IMD 30X, and Original Quinton Isotonic. A 4 week protocol (may be longer).**

- Soluna Renalin (10 drops), Soluna Lymphatik (10 drops), Soluna Hepatik (10 drops) and Quicksilver Scientific IMD 30X (1 dropper), each spaced 2-5 min apart and taken 3X per day if in preparation for detox or 2X per day if used during the detox. Use for entire period and can continue into main detox period for as long as desired
- Starting week 3, add 1 capsule Clear Way Cofactors per day. Jump to 2 capsules starting week 4
- Addition of 2 ampoules of Original Quinton Isotonic Marine Plasma daily on empty stomach will enhance kidney output
- Optional: Use Soluna Hepatik 10-15 minutes after meals to improve bile flow and digestion

QS Kidney Focus Protocol:

This protocol is for more advanced kidney dysfunction and is used before full detox with IMD or with small doses of IMD (30-50 mg/day). Use this if the urine:blood ratio is low on the QS Tri-test or if kidney symptoms are present (e.g. edema). **Products: Soluna Renalin, Soluna Lymphatik, QS IMD 30X, Ayush Herbs Rentone, and Original Quinton Isotonic.**

- Soluna Renalin (10 drops), Soluna Lymphatik (10 drops), and Quicksilver Scientific IMD 30X (1 dropper), each spaced 2-5 min apart and taken 3X per day if in preparation for detox or 2X per day if used during the detox
- Starting week 3, Ayush Herbs Rentone 1-3 caps per day with or without food; you often have to work up from one per day over one to two weeks.
- Use protocol for 4-6 weeks before full detox
- Addition of 2 ampoules of Original Quinton Isotonic Marine Plasma daily on empty stomach will enhance kidney output
- Use of Quicksilver Scientific's Therasomal Vitamin C/R-Lipoic Acid during the detox phase – 1 dropper full 2-4 times per day – will redirect some of the mobilized mercury from the kidneys through the liver/gall bladder to the intestines

QS Liver Focus Protocol:

This protocol is for augmenting liver function either before or during main detox with IMD. Use this when hair:blood ratio is low in QS tri-test or when liver symptoms are present.

Products: Soluna Hepatik, Soluna Lymphatik, QS IMD 30X, QS Clear Way Cofactors, QS Therasomal Glutathione. A 4 week protocol (may be longer).

- Soluna Hepatik (15 drops), Soluna Lymphatik (10 drops), and Quicksilver Scientific IMD 30X (1 dropper), each spaced 2-5 min apart and taken 3X per day if in preparation for detox or 2X per day if used during the detox
- 1 capsules Clear Way Cofactors in morning for 2 weeks, then up to 1 cap in morning and 1 in evening, best empty stomach, but may be taken with food
- QS Therasomal Glutathione – 100 mg (1 pump) morning and evening, on empty stomach; separate from Clear Way by 15-20 minutes if taking together

QS GI Tract Focus Protocol:

This protocol is patients with GI problems. The IMD will typically help GI problems, but if is best to start getting them under control before going to the IMD. These treatments **are additions to any of the above Pre-Tox protocols** and the elements are flexible in dosage and substitution.

- Triphala (Ayurvedic GI formula and general cleanser) – 3 or more caps per day
- L-glutamine (1-3 g/day) and Ca,Mg-butyrate (1-4 g/day)
- 10-100 billion CFU of good probiotic, such as Pharmax HLC
- Caprylic acid or, better yet, undecanoic acid for Candida suppression; this should be continued when starting IMD
- Find and eliminate major food allergies, especially wheat and dairy, which are good to automatically exclude for GI problem patients
- Any suspected parasites should be addressed at this point as well
- Other options: bentonite clay, psyllium, licorice root, slippery elm bark, marshmallow root; also *there are many adequate powder mixes for intestinal health and cleansing, which may simplify this aspect of the protocol*